

**Eastern Express Swimming  
Women 11 to 12  
All Time Top 10 LCM Best Times  
As of 8-1-17**

<b>50 Free</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Jill Vance</b>	<b>'93</b>	<b>28.25</b>
	2	Michelle Bright	'97	28.67
	3	Kaisa Greenberg	'93	28.91
	4	Carolann Kimock	'16	29.22
	5	Madeline Hoedemaker	'13	29.47
	5	Meghan Leddy	'03	29.60
	6	So-Young Kim	'97	29.62
	7	Christine Jensen	'88	29.69
	8	Hannah Matheson	'08	29.75
	9	Jillian Liwacz	'06	29.78
<b>100 Free</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Jill Vance</b>	<b>'93</b>	<b>1:01.31</b>
	2	Michelle Bright	'97	1:01.72
	3	Kaisa Greenberg	'93	1:02.49
	4	Carolann Kimock	'16	1:03.75
	5	Madeline Hoedemaker	'13	1:03.80
	6	Christine Jensen	'88	1:04.18
	7	Jillian Liwacz	'06	1:04.20
	8	Julia Anderson	'07	1:04.29
	9	Brittany Iacouzze	'01	1:04.78
	10	Monica Wintermute	'15	1:04.86
<b>200 Free</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Michelle Bright</b>	<b>'97</b>	<b>2:11.05</b>
	2	Jill Vance	'93	2:14.12
	3	Kaisa Greenberg	'93	2:14.18
	4	Gabrielle Devereux	'89	2:16.29
	5	Christine Jensen	'88	2:16.86
	6	Brittany Iacouzze	'01	2:17.25
	7	Kiki Rosa	'01	2:17.94
	8	Julia Anderson	'07	2:18.34
	9	Gabriela Feibel	'01	2:18.49
	10	Capria Devenuto	'98	2:18.80
<b>400 Free</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Michelle Bright</b>	<b>'97</b>	<b>4:30.10</b>
	2	Jill Vance	'93	4:37.03
	3	Kaisa Greenberg	'93	4:41.06
	4	Kiki Rosa	'01	4:45.22
	5	Brittany Iacouzze	'01	4:46.08
	6	Gabriela Feibel	'01	4:47.17
	7	Meghan Leddy	'03	4:48.04
	8	Capria Devenuto	'98	4:49.07
	9	Christine Jensen	'88	4:49.83
	10	Julia Anderson	'07	4:52.33

<b>800 Free</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Michelle Bright</b>	<b>'97</b>	<b>9:10.28</b>
	2	Kiki Rosa	'01	9:47.53
	3	Meghan Leddy	'03	9:54.51
	4	Brittany Iacouzze	'01	10:00.85
	5	Jennifer Allen	'97	10:02.91
	6	Gabriela Feibel	'01	10:04.06
	7	Kate Flewelling	'96	10:11.16
	8	Samantha Kietlinski	'03	10:13.55
	9	Kristiana Kalibat	'04	10:14.10
	10	Kate Morrison	'00	10:14.16
<b>1500 Free</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Michelle Bright</b>	<b>'97</b>	<b>17:56.68</b>
	2	Meghan Leddy	'03	18:33.40
	3	Kaisa Greenberg	'93	18:38.01
	4	Brittany Iacouzze	'01	18:52.51
	5	Jennifer Allen	'97	19:38.43
	6	Elizabeth Cava	'03	19:47.50
	7	Julia Anderson	'07	19:49.89
	8	Jillian Liwacz	'06	21:07.45
	9	Kathleen Morrison	'02	21:15.33
	10	Kristin Cuprzinski	'01	23:00.53
<b>50 Back</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Meghan Leddy</b>	<b>'03</b>	<b>33.61</b>
	2	Michelle Bright	'97	33.81
	3	E. Szczepankowska	'95	33.84
	4	Kate Flewelling	'96	34.06
	5	Sarah Fraser	'90	34.19
	6	Jill Vance	'93	34.27
	7	Jennifer Allen	'97	34.48
	8	Monica Wintermute	'15	34.51
	9	Nikita Kouznetsova	'13	34.60
	10	Adriana Pentz	'93	34.92
<b>100 Back</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Meghan Leddy</b>	<b>'03</b>	<b>1:10.33</b>
	2	E. Szczepankowska	'95	1:10.46
	3	Michelle Bright	'97	1:11.33
	4	Kate Flewelling	'96	1:11.36
	5	Sarah Fraser	'90	1:11.63
	6	Nikita Kouznetsova	'13	1:11.78
	7	Jennifer Allen	'97	1:13.06
	8	Rita Soni	'98	1:13.52
	9	Monica Wintermute	'15	1:14.39
	10	Gabrielle Devereux	'89	1:14.42

<b>200 Back</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Meghan Leddy</b>	<b>'03</b>	<b>2:26.63</b>
	2	Michelle Bright	'97	2:33.37
	3	Kristiana Kalibat	'04	2:33.42
	4	Kate Flewelling	'96	2:35.12
	5	Jennifer Allen	'97	2:35.78
	6	Nikita Kouznetsova	'13	2:37.01
	7	Rita Soni	'98	2:37.84
	8	Christine Jensen	'88	2:38.83
	9	Monica Wintermute	'15	2:42.51
	10	Alyssa Hullings	'05	2:43.01
<b>50 Breast</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Kaisa Greenberg</b>	<b>'92</b>	<b>35.06</b>
	2	Laura Poss	'06	37.70
	<b>3</b>	<b>Eliza Meth</b>	<b>'17</b>	<b>38.14</b>
	4	Gabrielle Devereux	'89	38.23
	5	Shriya Karthikvatsan	'16	38.30
	6	Jennifer Stores	'89	38.88
	7	Michelle Erwin	'95	39.20
	8	Skye Kuseryk	'04	39.53
	9	Carolann Kimock	'15	39.55
	10	Monica Wintermute	'15	39.70
<b>100 Breast</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Kaisa Greenberg</b>	<b>'92</b>	<b>1:14.53</b>
	2	Gabrielle Devereux	'89	1:20.30
	<b>3</b>	<b>Eliza Meth</b>	<b>'17</b>	<b>1:23.34</b>
	4	Kiki Rosa	'01	1:23.53
	5	Shriya Karthikvatsan	'15	1:23.61
	6	Laura Poss	'06	1:24.06
	7	Theresa Hunter	'95	1:25.06
	8	Monica Wintermute	'15	1:25.06
	9	Jennifer Stores	'89	1:25.07
	10	Karen Burbella	'95	1:26.18
<b>200 Breast</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Kaisa Greenberg</b>	<b>'92</b>	<b>2:43.59</b>
	2	Gabrielle Devereux	'89	2:53.57
	3	Kiki Rosa	'01	2:58.82
	4	Monica Wintermute	'15	3:01.91
	5	Samantha Kietlinski	03'	3:03.47
	6	Laura Poss	'06	3:03.87
	7	Skye Kuseryk	'04	3:04.54
	8	Shriya Karthikvatsan	'15	3:04.56
	9	Brittany Iacouzze	'01	3:05.95
	<b>10</b>	<b>Eliza Meth</b>	<b>'17</b>	<b>3:06.71</b>

<b>50 Fly</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Jill Vance</b>	<b>'93</b>	<b>30.39</b>
	<b>2</b>	<b>Ellie Schinsky</b>	<b>'17</b>	<b>31.45</b>
	2	Sarah Fraser	'90	31.48
	3	Madeline Hoedemaker	'12	31.63
	4	Hannah Matheson	'07	31.99
	4	Jillian Liwacz	'06	31.99
	6	Isabelle Peel	'13	32.12
	7	So-Young Kim	'97	32.23
	8	Monica Wintermute	'15	32.29
	<b>9</b>	<b>Eliza Meth</b>	<b>'17</b>	<b>32.50</b>
	10	Rita Soni	'98	32.57
<b>100 Fly</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Jill Vance</b>	<b>'93</b>	<b>1:07.12</b>
	2	Sarah Fraser	'90	1:09.04
	3	Monica Wintermute	'15	1:10.49
	4	Jillian Liwacz	'06	1:10.59
	5	So-Young Kim	'97	1:11.65
	6	Gabrielle Devereux	'89	1:12.31
	7	Brittany Iacouzze	'01	1:12.67
	8	Courtney Crane	'97	1:13.12
	<b>9</b>	<b>Ellie Schinsky</b>	<b>'17</b>	<b>1:13.41</b>
	10	Michelle Bright	'96	1:13.79
<b>200 Fly</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Jill Vance</b>	<b>'93</b>	<b>2:29.54</b>
	2	Brittany Iacouzze	'01	2:37.07
	3	Katie Morrison	'00	2:45.30
	4	Monica Wintermute	'15	2:46.39
	5	Kristin Cuprzinski	'02	2:46.73
	6	Michelle Bright	'96	2:48.06
	7	Jillian Liwacz	'06	2:49.13
	8	Kristiana Kalibat	'04	2:49.38
	9	Jennifer Allen	'97	2:49.82
	10	Samantha Kietlinski	'03	2:52.32
<b>200 IM</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Michelle Bright</b>	<b>'96</b>	<b>2:30.88</b>
	2	Gabrielle Devereux	'89	2:31.71
	3	Kaisa Greenberg	'92	2:33.91
	4	Kiki Rosa	'01	2:35.79
	5	Jill Vance	'93	2:36.60
	6	Monica Wintermute	'15	2:36.72
	7	Kate Flewelling	'96	2:36.82
	8	Meghan Leddy	'03	2:37.35
	9	Sarah Fraser	'90	2:38.46
	10	Rita Soni	'98	2:38.80

<b>400 IM</b>	<b>Rank</b>	<b>Name</b>	<b>Year</b>	<b>Time</b>
	<b>1</b>	<b>Meghan Leddy</b>	<b>'03</b>	<b>5:23.71</b>
	2	Kaisa Greenberg	'92	5:23.78
	3	Kiki Rosa	'01	5:25.17
	4	Brittany Iacouzze	'01	5:29.08
	5	Michelle Bright	'96	5:29.09
	6	Monica Wintermute	'15	5:30.50
	7	Kristiana Kalibat	'04	5:35.00
	8	Kate Flewelling	'96	5:38.60
	9	Jennifer Allen	'97	5:38.70
	10	Samantha Kietlinski	'03	5:40.20